## Temple Bell





The Temple Bell from Nepal is a traditional ritual instrument of Tibetan Buddhism. In fact it consists of two parts: the bell, also named Ghanta, and the Vajra or Dorjee. As a pair they embody the feminine and masculine principles and are always used together. The Tibetan Lama uses Ghanta and Dorjee as an initiation rather than a sound instrument, in very special ceremonies. Whoever comes into contact with Tibetan Buddhism will always find this instrument, especially in the art world of Mahayana and Tantrayana. The outer design of the bell and the Dorjee is closely related to ritual symbolism and expresses many inner laws and secrets.

But also without knowing the background the bell is a beautiful instrument with a pure sound. With a striker one can rub the rim as one does with singing bowls.